

The Believer's Nourishment

First Peter 2:1-3

Chapter two begins with the final exhortation on *holiness* - a subject introduced in chapter 1:13-25. He now instructs believers to rid themselves of sinful mindsets and “*long for*” spiritual nourishment, in order that they will mature in faith.

I. Preparation for Nourishment v. 1 (2 Tim. 3:16-17; [Acts 7:55; Rom. 13:12; Eph. 4:22-25; Heb. 12:1; James 1:21]; Matt. 6:34; Acts 8:22; 1 Cor. 5:8; Acts 13:10; Matt. 15:7-8; Isa. 29:13)

II. Receiving Fit Nourishment v. 2 (2 Tim. 1:4; Rev. 22:18-19; Jn.1:47; Ps. 19:8-9; 119:140; Jer. 15:16; Matt. 4:4)

III. Result of Nourishment v. 3 (Ps. 34:8; 40:1-5)